

# Music Program Wellness Checklist

## Districtwide

- \_\_\_\_\_ includes a written curriculum that is sequential and well-balanced, beginning with elementary school and progressing through high school
  
- \_\_\_\_\_ incorporates in its curriculum the skills and understandings identified in the K-12 National Standards for Music Education
  
- \_\_\_\_\_ is administered and coordinated by a music educator
  
- \_\_\_\_\_ is funded through the school district budget
  
- \_\_\_\_\_ has an adequate budget to ensure that equipment is maintained and that new equipment and materials are available for music instruction

## In Elementary School

- \_\_\_\_\_ has a written curriculum that is balanced and sequential for each grade level
  
- \_\_\_\_\_ ensures that all children receive classroom music instruction for at least 90 minutes each week
  
- \_\_\_\_\_ offers a classroom music program that is based on comprehensive music learnings and provides children with many different ways to be active music makers (singing, playing instruments, listening, creating, moving, etc.)
  
- \_\_\_\_\_ offers choral and instrumental ensemble experiences (especially in the upper grades)

**In Junior High/Middle School**

- \_\_\_\_\_ has, for each course and ensemble, a written curriculum that is balanced and sequential
  
- \_\_\_\_\_ builds sequentially on the elementary school music program and provides the foundation for the high school music program
  
- \_\_\_\_\_ provides beginning and intermediate instruction (individual and small group) in wind, string, and percussion instruments
  
- \_\_\_\_\_ offers choral and instrumental ensembles that meet during the school day
  
- \_\_\_\_\_ offers general music courses for all students that include a variety of music-making experiences and that are based on comprehensive music learnings

**In High School**

- \_\_\_\_\_ has, for each course and ensemble, a written curriculum that is balanced and sequential
  
- \_\_\_\_\_ builds sequentially on the middle-school music program and provides the foundation for lifelong participation in music
  
- \_\_\_\_\_ provides beginning, intermediate, and advanced instruction (individual and small group) in wind, string, and percussion instruments
  
- \_\_\_\_\_ offers choral and instrumental ensembles that meet during the school day
  
- \_\_\_\_\_ offers credit music courses such as music appreciation, keyboard, guitar, and music theory for all students

**Rate the Health of Your School Music Program**

Assign 5 points for each checked item and then add up your score.

- 95-100 points      Your program is in excellent health! Continue your efforts to keep the program strong.
- 80-90 points      Your program is healthy! Discuss needed improvements with decision makers and intensify efforts to maintain the strong areas.
- 65-75 points      Your program could use some vitamins! Discuss weak areas with decision makers and establish a plan for improvement.
- 0-60 points      Your program needs megavitamins! Develop a Wellness Plan immediately. Time to get to work building your program.

**STRONG, HEALTHY MUSIC PROGRAMS MEAN STRONG, HEALTHY SCHOOLS.**