

ARKMEA

May 2023



MEMPHIS IS MUSIC



**THE RUDI E. SCHEIDT
SCHOOL OF MUSIC IS THE
MOST COMPREHENSIVE
MUSIC PROGRAM IN THE
REGION.**

Pair our **dynamic** and **diverse** offerings with our **competitive** tuition and **scholarship** packages, you'll see why the University of Memphis should be at the top of your list in continuing your education.

29

AREAS OF FOCUS
MAKING US THE
MOST DYNAMIC AND
DIVERSE SCHOOL OF
MUSIC IN THE REGION.



TEACH WHILE YOU
EARN YOUR ONLINE
MASTER OF MUSIC IN
MUSIC EDUCATION



EIGHT ACADEMIC
COMMON
MARKETPLACE
PROGRAMS OFFER
ARKANSAS
RESIDENTS IN-STATE
TUITION.

**LEARN
MORE.**
Text **MUSIC** to
901.504.1764

ARKMEEA

*The ArkMEA journal is the official publication
of the Arkansas Music Educators Association.*

BOARD MEMBERS

EXECUTIVE BOARD

President // CamRyn Stillman

Treasurer // Teddy Nguyen

Secretary // Kathy Robison

State Executive // Jaree Hall

JOURNAL EDITORIAL STAFF

Content Editor // Christa Kuebel

Marketing Coordinator // Sarah Gwatney

Layout Editor // Missy Husereau

DIVISION CHAIRS

Band // Nikki Cook

Choir // Tanner Oglesby

Elementary // Phylicia Butler

Mentorship // Delynne West

Collegiate // Jenn Hawkinson

Research Coordinator // Daniel Abrahams

Technology // Lisa Hatfield

Innovations // James Maestri

Professional Development // Paul Mayhew

Music in Our Schools // Bart Dooley

Membership // Maya Johnson

CONTENTS

**6 FALL PROFESSIONAL
DEVELOPMENT**

**11 SUMMER READING
SUGGESTIONS**

16 SYNC

**17 MUSIC IN OUR
SCHOOLS MONTH**
ArkMEA Capitol Concert

22 SUMMER SELF-CARE

PRESIDENT'S NOTE



Greetings Arkansas Music Educators,

Happy Spring! We are in the final stretch of the 2022-2023 school year. I always hope for a smooth end to the school year as we prepare for Spring Concert and graduation. I hope you take the time to reflect on the successes and areas of improvement you experienced in your teaching this school year.

ArkMEA had a wonderful turnout at our professional development sessions presented at the Arkansas All-State Music Conference in February. Thank you to everyone who came to learn! Our Music In Our Schools Month event held at the Arkansas State Capitol was also a great success led by Bart Dooley, ArkMEA MIOSM chair. We appreciate his coordination of the two days of events. Music programs from all over the state were represented in the rotunda of the State Capitol showing that music is strong in the state of Arkansas.

Being a product of a public school, making sure every student, regardless of cultural background, financial background, or musical background, has access to a music education is very important to me. The music classroom is the first place I truly felt valued and where I felt that my voice was important and worth sharing with the world. Coming from a household that depended on the public school system for my daily needs, I believe that music saved my life by giving me something to look forward to each week even if only for 60 minutes.

I encourage each music educator to find ways to publicize the things they do in their own music programs... Toot your own horn! Show your community and our state what exactly we do in our music classrooms. It could be as simple as finding a way to share snippets of classroom performances on social media, or as elaborate as organizing a social media campaign that highlights your music program. I have seen the incredible work many of us do each day, but it is important for everyone to see you shine!

ArkMEA is excited to announce the date for our 2023 Fall Professional Development Conference and Honor Chorus which will be held on Saturday, September 30th at Central Baptist Church in Conway, Arkansas. We hope you will join us!

Musically yours,

A handwritten signature in black ink, appearing to read "CamRyn Stillman". The signature is fluid and cursive, with a large initial "C" and "S".

CamRyn Stillman
ArkMEA State President



OUACHITA
BAPTIST UNIVERSITY



OUACHITA'S
DIVISION OF MUSIC
in the school of fine arts
welcomes

CANDICE
AIPPERSPACH

Associate Professor, Voice



AUSTIN
MOTLEY

Assistant Professor, Low Brass



SCHOLARSHIPS

Vocal, instrumental and keyboard scholarships available by audition. Band scholarships are also available to non-majors by audition.

Contact Dr. Ryan Lewis, interim dean of the School of Fine Arts • 870.245.5128 • lewisl@obu.edu

For more information about the division of music visit: obu.edu/music • To apply to Ouachita: obu.edu/apply

BACHELOR OF MUSIC:

- Performance
- Musical Theatre
- Music Education, Choral or Instrumental
- Worship Studies

BACHELOR OF ARTS:

- Music
- Music Industry

BACHELOR OF FINE ARTS:

- Musical Theatre

Accredited by the National Association
of Schools of Music since 1956

FEATURING
ARKANSAS' ONLY B.A.
DEGREE IN MUSIC INDUSTRY



Arkansas
Music Educators
Association



*Fall Professional
Development
Conference &
Honor Chorus*

**Central Baptist Church
Conway, AR**

September 30th, 2023

arkmea.org



CALL FOR

Interest Sessions

Deadline: July 15, 2023

ArkMEANAME is accepting interest session proposals for the 2023 Fall In-Service Professional Development Conference scheduled for September 30th at Central Baptist Church in Conway, AR. We are hoping to present a variety of sessions for elementary, secondary, and collegiate music educators and students.

Submit proposals

bit.ly/arkmea2023proposal

Questions

info@arkmea.org

Arkansas
Music Educators
Association



Festival Honor Chorus



Rachel Cornett, clinician

**Central Baptist Church
Conway, AR**

September 30th, 2023

arkmea.org



UNIVERSITY OF
ARKANSAS

Fulbright College
of Arts & Sciences

STUDY MUSIC AT ARKANSAS' UNIVERSITY

General Studies
Music Industry
Music Education
Performance
Theory & Composition
Jazz Studies
Collaborative Piano
Musicology
Conducting
Black Sacred Music

*Undergraduate scholarships and graduate funding
available to qualified applicants*

UArkMusic

music.uark.edu



SUMMER READING SUGGESTIONS

Quiet: The Power of Introverts in a World That Can't Stop Talking

By: Susan Cain

The Smart but Scattered Guide to Success: How to Use Your Brain's Executive Skills to Keep Up, Stay Calm, and Get Organized at Work and at Home

By: Peg Dawson and Richard Guare

Social Emotional Learning for the Pre-Service and In-Service Music Teacher: A Guide for Developing Teacher SEL Competencies

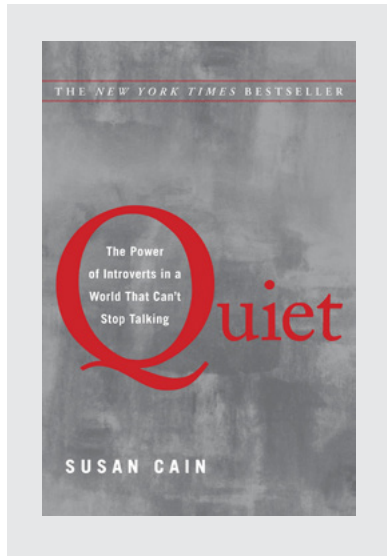
By: Michelle McConkey , Scott N. Edgar

The First-Year Music Major

By: Kerry B. Renzoni (Editor),
Victoria J. Furby (Editor)

Thinking Outside the Voice Box: Adolescent Voice Change in Music Education

By: Bridget Sweet

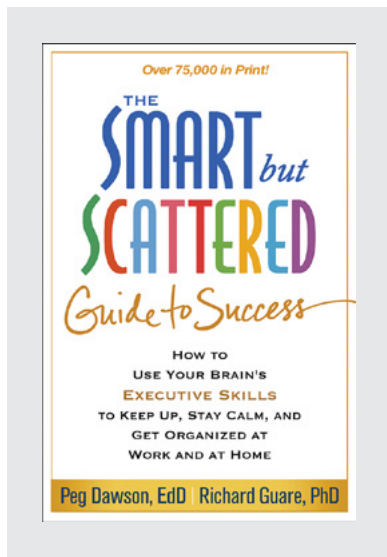


Quiet: The Power of Introverts in a World That Can't Stop Talking

By Susan Cain

From Amazon: At least one-third of the people we know are introverts. They are the ones who prefer listening to speaking; who innovate and create but dislike self-promotion; who favor working on their own over working in teams. It is to introverts—Rosa Parks, Chopin, Dr. Seuss, Steve Wozniak—that we owe many of the great contributions to society.

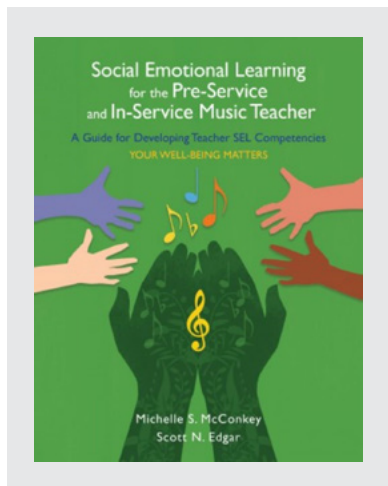
In *Quiet*, Susan Cain argues that we dramatically undervalue introverts and shows how much we lose in doing so. She charts the rise of the Extrovert Ideal throughout the twentieth century and explores how deeply it has come to permeate our culture. She also introduces us to successful introverts—from a witty, high-octane public speaker who recharges in solitude after his talks, to a record-breaking salesman who quietly taps into the power of questions. Passionately argued, impeccably researched, and filled with indelible stories of real people, *Quiet* has the power to permanently change how we see introverts and, equally important, how they see themselves.



The Smart but Scattered Guide to Success: How to Use Your Brain's Executive Skills to Keep Up, Stay Calm, and Get Organized at Work and at Home

By Peg Dawson and Richard Guare

From Amazon: Are you smart, scattered, and struggling? You're not alone. Cutting-edge research shows that today's 24/7 wired world and the growing demands of work and family life may simply max out the part of the brain that manages complex tasks. That's especially true for those lacking strong executive skills--the core brain-based abilities needed to maintain focus, meet deadlines, and stay cool under pressure. In this essential guide, leading experts Peg Dawson and Richard Guare help you map your own executive skills profile and take effective steps to boost your organizational skills, time management, emotional control, and nine other essential capacities. The book is packed with science-based strategies and concrete examples, plus downloadable practical tools for creating your own personalized action plan. Whether on the job or at home, you can get more done with less stress.



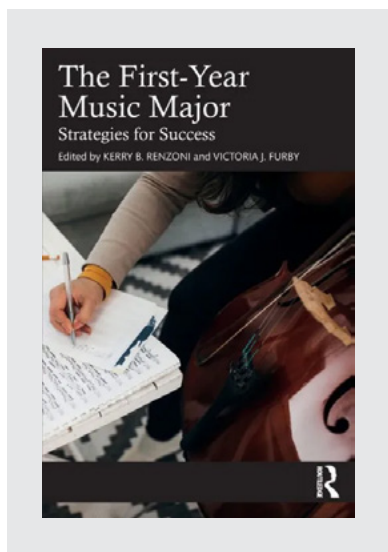
Social Emotional Learning for the Pre-Service and In-Service Music Teacher

A Guide for Developing Teacher SEL Competencies

By Michelle McConkey, Scott N. Edgar

From GIA: Before music teachers can effectively implement Social Emotional Learning (SEL) with students in the classroom, they must first develop their own SEL skills and tend to their personal well-being. This practical guide takes teachers through thirteen sequential units designed to hone important self-care and SEL skills, such as regulating emotions, resolving conflict, managing stress, and building positive relationships.

Each unit is structured around the three core pillars of SEL—Identity, Belonging, and Agency—and offers connections for both pre-service and in-service music teachers that guide them through a series of thought-provoking exercises to strengthen their skills, as well as space to discover, reflect, journal, draw, and commit to growth. An essential resource for current or future music teachers, and an ideal supplement for collegiate music education courses, this resource can be used again and again, year after year, to guide teachers on their journey to SEL competency and personal well-being.



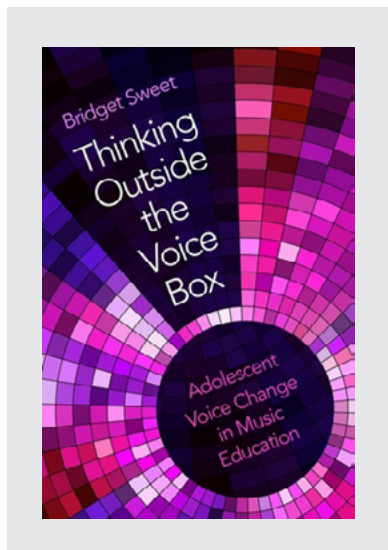
The First-Year Music Major

**By Kerry B. Renzoni (Editor),
Victoria J. Furby (Editor)**

From Amazon: Designed to address the many challenges that first-year undergraduate music students often encounter, *The First-Year Music Major: Strategies for Success* provides concrete approaches that will help anyone embarking on a degree in music develop the knowledge and skills needed to complete their first year successfully. The chapters demystify the path of majoring in music, and address key topics including:

- ◆ Planning a road map for the degree
- ◆ Developing needed musical, academic, professional, practice, and performance skills
- ◆ Building financial, mental, and physical well-being strategies

Written by a group of experienced professors and advisors in roles across the faculty of music, this book offers a comprehensive resource for first-year music students that will help them develop foundational skills to pursue music degrees and careers. An online e-resource accompanies the book, providing downloadable worksheets and materials referenced in the chapters. Rooted in research and extensive practical experience, *The First-Year Music Major* is suited to use both in introductory music courses and by individual students and advisors.



Thinking Outside the Voice Box: Adolescent Voice Change in Music Education

By Bridget Sweet

From Amazon: The changing adolescent voice counts among the most awkward of topics voice teachers and choir directors face. Adolescent voice students already find themselves at a volatile developmental time in their lives, and the stresses and possible embarrassments of unpredictable vocal capabilities make participation in voice-based music an especially fraught event. In this practical teaching guide, author Bridget Sweet encourages a holistic approach to female and male adolescent voice change. Sweet's approach takes full consideration of the body, brain, and auditory system; vocal anatomy and physiology in general, as well as during male and female voice change; and the impact of hormones on the adolescent voice, especially for female singers. Beyond the physical, it also addresses the emotional and psychological components: ideas of resolve and perseverance that are essential to adolescent navigation of voice change; and exploration of portrayals and stereotypes in pop culture that influence how people anticipate voice change experiences for teens and 'tweens, from *The Brady Bunch* to *The Wonder Years* to *The Simpsons*. As a whole, *Teaching Outside the Voice Box* encourages music educators to more effectively and compassionately assist students through this developmental experience.



Southeastern Oklahoma State University
**MASTER OF MUSIC
EDUCATION**

Now 100% Online!

**Complete degree in 2 years
while still teaching.**

For more information:

music@se.edu | (580) 745-2088 | www.se.edu/music



Southeastern Oklahoma
State University

Department of Music

It's time to get in!

Do you have a new job?

Do you need help that only another music educator can provide?

Do you want to talk about what you have learned, hard-won lessons you have learned? (Regards to Hamilton)



Then SYNC is for you!

In June mentors and mentees will be paired, along with a schedule of topics to be covered throughout the year. For more information, scan the codes below, visit our website: Arkmea.org, or contact Delynne West: dwest@bryantschools.org. Register today!

Our initiative



I want to join!



MUSIC IN OUR SCHOOLS MONTH

ArkMEA Capitol Concert – March 2023

By Bart Dooley, MIOSM Chairperson





The 23rd Annual Capitol Concert was held on two beautiful Spring days, March 15th and 16th, in the rotunda of the Arkansas State Capitol. Almost 1000 students from 13 schools from all corners of the state joined their voices in singing for Music In Our Schools Month. This year's musical selections included The Star Spangled Banner, Kusimama, Cantar!, Peace Like a River, America, Soldier's Joy, The Best in Me and Tomorrow's Our Day. Before the concert portion of the program, schools were invited to perform individual selections. It is always nice to hear the choirs perform.

Bart Dooley welcomed the large crowd of onlookers including lots of parents from participating schools. Mr. CamRyn Stillman from Parkview Arts/Science Magnet High School, who is the president of the Arkansas Music Educators Association, gave a wonderful advocacy speech at Thursday's concert. Special musical guest for Wednesday's concert was Dr. Matt Taylor playing "Oh Danny Boy" on the saxophone. Dr. Taylor also gave an inspirational speech which is included in the following pages.





This year's participating choirs:

Wednesday, March 15th

- ◆ Manila Jr. High Choir, Manila – Candace Hawkins, director
- ◆ Batesville Jr. High Charter, Batesville – Alicia Davidson, director
- ◆ New Edition Choir, Peake Elementary, Arkadelphia – Laura Cornelius, director
- ◆ Alma Intermediate School 4th & 5th Honor Choir, Alma – Sue Walden, director
- ◆ Marguerite Vann Elementary "Vann Voices", Conway – Bart Dooley and Becky Su, directors

Thursday, March 16th

- ◆ Kirksey Middle School Beginning Choir, Rogers – Emily Shain, director
- ◆ Oakdale Middle School 6th Grade Chorus, Rogers – Katlyn Weaver, director
- ◆ Mills Middle School 6th grade chorus, Little Rock – Emily Rounds, director
- ◆ Lakeside Junior High 7th Grade Choirs, Hot Springs – Teddy Ngugen, director
- ◆ Angie Grant Elementary, "Panther Choir," Benton – Jennifer Lunsford, director
- ◆ Ivory Intermediate Honor Choir, Camden – Lisa Hollis, director
- ◆ Elmwood Middle School 6th Grade Choir, Rogers – Marta Holt, director
- ◆ Lingle Lion Mixed Choir, Rogers – Nephtali Cantu, director





My heart is filled with gratitude this morning. I am grateful and deeply honored to be fully present in this moment with you all, listening to your beautiful voices in this incredible place. Students, take a moment and look around you. This is one of the most important rooms in our state. It wasn't easy to build. It took 16 years, and there was a lot of disagreement about just how it should look, and who should be responsible, and how much it should cost. So it is when we make decisions as a group, governing is often messy: it takes time, care and compromise.

But this room is not important because of its beauty—it's important because of what happens here. This is where our leaders and representatives meet to make difficult decisions that affect all of our lives. You can see hints of the kinds of things they discuss when you look around. The four murals in this building are titled simply: "Justice," "War," "Religion," and "Education." These are touchstones for what it has meant to be a citizen, and a human being for hundreds of years—ideas that stretch all the way back to Rome, and Ancient Greece. As long as there have been people who come together to make a society, we have been having conversations about these things.

Education in particular has been in the news a lot lately. We are living in a time where our leaders are asking questions about what education should look like, and are experimenting with new ideas. The values of a society

change with time. As a teacher, as person, I am grateful and proud that we still make space in our schools for students to connect to each other with the arts, in particular music. Growing up, music was one most consistent and positive forces in my life, and as I have gotten older, I have realized that it also represents the safest and most reliable way for me to connect with my feelings.

The gift that music gives us is the space to express emotions that are easy to feel but difficult to express: joy, loss, hope, love, rage, contentment. This connection is more than a subject area, it represents one of most special experiences that we get to share as human beings. We decorate the most important moments in our lives with music. Weddings, inaugurations, memorial services; we use music to worship God, and to express our national identity.

Students, friends, the reason we are here today is to celebrate that we live in a society that makes music available to everyone—not just the rich and influential, but those of us who come from even the most humble of beginnings. All of us are here today because of music teachers who believed in us and encouraged us, and gave us a place to express our feelings from the deepest part of ourselves—a way to connect to one another in a fundamental way, as people. To the hardworking teachers who have kept music alive in our schools and communities over the past 3 incredibly difficult years, you are heroes for all of us. Thank you for your sleepless nights, for enduring constant changes of plans, changes in policy, confusion and fear. Thank you for your creativity and hope. Thank you for your love and attention, both for music and for your students.

And for everyone else, let's commit to keeping these important human experiences a part of education at every level. A society is strong when its people can connect, and the deepest connection is often through the shared experience of the arts. Music teaches us to listen more than we speak, to seek out agreement and common ground, to pursue truth, to be captivated by beauty, and to seek out every opportunity to strive for something better. Let's make sure that this powerful experience stays available to everyone in Arkansas, and let us continue to celebrate we live in a state that values the arts and the human experience as a fundamental part of what we teach our young people.

Matt Taylor

MIOSM Address at the Capitol
Arkansas State Capitol Rotunda
11 AM, March 15, 2023

MUSIC FOR ALL Advocacy *in* Action

COLLECT • SHARE • INSPIRE

APPLICATIONS
OPEN
THIS SPRING

The **Advocacy in Action Awards** program is designed to collect, recognize, and share effective practices and initiatives that support music education in our schools. We hope that by celebrating these programs, we can inspire others to lead by example and take action in their own programs and communities.



Categories include:

- ♪ Community Involvement
- ♪ Decision-Maker Engagement
- ♪ Elementary Excellence
- ♪ Innovative Fundraising
- ♪ Marketing and Promotion
- ♪ Parent/Booster Support
- ♪ Student Recruitment, Engagement, and Retention

CHECK
OUT THE
ADVOCACY IN
ACTION ARCHIVE
ONLINE

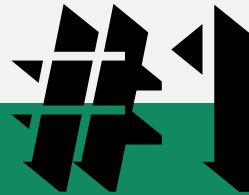
VISIT ADVOCACY.MUSICFORALL.ORG



SUMMER Self-Care

Summer is a time for teachers to refresh, reset, and restore. Consider these ideas for your own focus on well-being.

Do nothing: Enjoy a few moments each day to take a break from the input of screens and other devices.



Take it all in: Observe the things around you as a child would. What do you see, hear, smell, taste, and feel?

Prepare for the fall: Consider your self-care routines for the academic year and begin to implement them. Adjust as needed so they are habits by the new year.



University of Arkansas FORT SMITH

Music

2022-23 AUDITION DATES

Dec. 9, 2022 • Jan. 27, 2023

March 3, 2023 • March 31, 2023 • April 28, 2023

At this time UAFS is also accepting auditions via online submission. Email or call us for more information.

ENSEMBLES

Leonis Chamber Singers
Wind Ensemble
Opera and Musical Theatre Workshop
Jazz Band
Jazz Catz (vocal jazz)
Men's Chorus
Women's Chorus
Jazz Lab
Percussion
Brass
Flute
Guitar
Woodwind
Athletic Band

DEGREES

Bachelor of Arts in Music
Bachelor of Music Education (Vocal, Instrumental)

Scholarships are available for music and non-music majors.

FOR MORE INFORMATION

479-788-7530 • 479-788-7598

Email: Music@uafs.edu

Scan the QR code to visit our website.



The University of Arkansas - Fort Smith is an accredited institutional member of the National Association of Schools of Music.

 **UAFS**
MUSIC AND THEATRE

